**FACILITY HOURS**

Mon-Fri 5:00 am to 9:30 pm
Sat 7:00 am to 8:00 pm
Sun 12:00 pm to 8:00 pm

Locker rooms are open 1/2 hour after closing.

Membership and registration are available at the Service Desk.

**MEMBERSHIP OFFICE HOURS**

Mon-Thu 9:00 am to 8:00 pm
Fri 9:00 am to 5:00 pm
Sat 11:00 am to 5:00 pm

**DAVIS OUTDOOR RECREATION AREA HOURS**

Mon-Sat 7:00 am to 8:00 pm
Sun 2:30 pm to 8:00 pm

**OUTDOOR POOL HOURS**

Mon-Fri 7:00 am to 9:00 am (Lap Swim ONLY)
Mon-Sat 11:00 am to 8:00 pm
Sun 12:30 pm to 8:00 pm

**YOUTH FITNESS (Age 6-13)**

Staffed Summer Hours
Mon-Fri 3:00 pm to 9:30 pm
Sat 8:00 am to 8:00 pm
Sun 12:30 pm to 6:00 pm

*6 and 7 year olds must be signed in by parent or guardian

**REC CENTER (Age 6 & up)**

Open all facility hours. Ages 6-7 must be supervised by a parent or guardian

**KIDS IN FACILITY LOCKER ROOM**

<table>
<thead>
<tr>
<th>0-7 yrs.</th>
<th>8-9 yrs.</th>
<th>10-13 yrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Must be accompanied by a parent or guardian at all times unless in a program or signed into the KidZone or Kids Club (6-7 year olds in Rec room)</td>
<td>Must have parent or guardian in the building at all times.</td>
<td>If unaccompanied by a parent or guardian, may use the facility after 11:00 am for a 3-hour maximum time limit.</td>
</tr>
</tbody>
</table>

**KIDS IN FACILITY**

**DRESS CODE**

Appropriate shirts, shorts, and footwear are required during exercise in the workout rooms and gym activities. Proper clothing must be in good taste and must not display artwork or messages that are contrary to the mission and goals of the YMCA. Shoes and cover ups required inside the facility.

**FITNESS FLOOR (upstairs) Age 14 & up**

- Please clean fitness equipment after usage with spray bottle/towel.
- Ask a fitness staff for assistance to use equipment that is unfamiliar.

**YMCA CODE OF CONDUCT**

The Youngstown YMCA is committed to providing a safe and welcoming environment for all members and guests. Members are expected to exhibit good behavior, common courtesy, respect for others and facility. Our code of conduct does not tolerate any language or action that can hurt or frighten another person. Specifically this includes:

- Disrespectful or physically injurious behavior such as fighting or physical contact with another person in an angry or threatening manner.
- Foul language or conduct.
- Destruction or theft of an individual's or YMCA property.
- Failure to observe rules and policies.
- Misuse of equipment or facilities.
- Criminal activity.
- Inappropriate attire.
- Demonstration of sexual activity or sexual contact with another person.
- Harassment or intimidation by words, gestures, body language, or any other menacing behavior.
- Carrying or concealing any weapons or devices or which may be used as weapons.
- Using or possessing illegal chemicals, alcohol, or tobacco on YMCA property, in YMCA vehicles, or at YMCA sponsored programs.

Report misconduct to a staff person. Immediate suspension or termination of YMCA membership privileges may result if a violation of the Code of Conduct has occurred.

**OUTDOOR POOL HOURS**

- Indoor pool is open year round. Outdoor pool is open Memorial Day weekend through Labor Day. Pool, Slide, and Sprays schedules located at exit side of service desk.
- Must be 18 or older to use the therapy pool, sauna, and whirlpool.
- Pool check occurs every hour.
- Swim tests are usually given at pool check. Please visit the pool office or lifeguard station.

**POOL RULES**

- Obey the lifeguard at all times.
- Proper swimming attire required – no cut off shorts or T-shirts; polyester/spandex/nylon clothing is acceptable.
- Children not yet toilet trained must wear a swim diaper in the water.
- Do not enter the water if you are experiencing or recovering from diarrhea.
- Shower completely with soap before entering the pool.
- Eating, drinking or glass objects not permitted in pool area, locker rooms or showers.
- Only Coast Guard approved flotation devices permitted.

**GUEST PASS PURCHASE**

Under 3 Free
Age 3 & Up $8
- All guests purchasing a pass must be accompanied by a member.
- Guests age 10 & up are limited to 2 visits per calendar year.
- Photo ID required for 18 & up.
- Guests under age 10 must be accompanied by a parent or guardian age 16 or older in the facility at all times.
- Guest passes are non-refundable.

**FAMILY ADVENTURE CENTER**

Open all facility hours for age 7 and under. Must be supervised by a parent or guardian (16 yrs. old or older). Older siblings permitted.

**DESCRIPTION**

<table>
<thead>
<tr>
<th>DESCRIPTION</th>
<th>WHO IS IT FOR?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women’s</td>
<td>Females age 18 and up</td>
</tr>
<tr>
<td>Girls</td>
<td>Females age 17 and under and/or mom with female children</td>
</tr>
<tr>
<td>Men’s</td>
<td>Males age 18 and up</td>
</tr>
<tr>
<td>Boys</td>
<td>Males age 17 and under and/or dads with male children</td>
</tr>
<tr>
<td>Family</td>
<td>For moms and dads with both gender children or individuals needing special assistance</td>
</tr>
</tbody>
</table>

**TEST.MARK.PROTECT**

**TEST**-All children 12 and under who want to swim in water deeper than their chest must pass the swim test. Exceptions may be made for non-swimmers accompanied by a parent or guardian (16+) within arm’s reach in the 5 feet area only.

**PROTECT**-All non-swimmers must remain in shallow water. If the water in the shallow end is deeper than a non-swimmer’s armpits, then they must also have one of the following layers of protection:
- Must be arm’s reach of a parent or guardian
- Must wear a Coast Guard approved lifejacket
- Non-swimmers aged 5 and under must be within arm’s reach of a parent or guardian regardless if they are wearing a Coast Guard approved lifejacket or if they have passed the swim test.

When thunder or lightening is observed, all pools and outdoor areas will be closed for 30 minutes from most recent citing.