



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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**READY? SET?  
SPIKE!!**



## Adult Co-Ed Volleyball League Winter 2020

Ready? Set? Spike!! Join fellow volleyball enthusiasts for an exciting night of play.

League Registration/Open Play Night January 17-February 14, 2020

League Play: February 21-March 27, 2020

Play-Offs: April 3 and April 10, 2020

Cost: \$15 for YMCA Members \$25 for Non-Members \$150 Maximum for Team  
When: Friday Nights 5-8 pm  
Where: Central YMCA: Community and Upper Gym  
Sign-Ups: Team roster forms may be picked up at the YMCA or at [www.ymcayo.org](http://www.ymcayo.org).  
Turn in team roster form along with payment to the Central Front Desk  
You will be notified after February 15, 2020 for tournament play

- \*All teams must have at least 6 players listed on your roster 4 men and 2 women are allowed for A and B Level
- \*2 women must be on the court at all times  
Only the players listed may participate in the league
- \*Final team rosters are due by the second League Game
- \*Official YMCA Co-Ed rules apply. A copy will be distributed January 15
- \*Team fees must be paid by February 15, 2020
- \*Call the YMCA for more information 330-744-8411