



PROGRAM REGISTRATION - YMCA OF YOUNGSTOWN - WINTER 1 & 2 2021

SESSIONS

Holiday Dec 7 - Jan 2
 Winter 1 Jan 4 - Feb 13
 Winter 2 Feb 15 - Mar 27

REGISTRATION

Holiday
 Winter 1
 Winter 2

Members

October 12
 November 23
 February 1

Non-Members

October 19
 November 30
 February 8

Late Fee

December 7
 January 4
 February 15

SWIM LESSONS Chris Hughes 330-480-5655 chughes@youngstownymca.org

NAME OF CLASS	AGE	DAY	TIME	Location	WINTER 1		WINTER 2	
					Members/Others	Members/Others	Members/Others	Members/Others
Swim Starters-Parent/Child A: Water Discovery	6-36 mos	Tuesday	5:00-5:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	11:30 a.m.-12:00 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Starters-Parent/Child B: Water Exploration	6-36 mos	Thursday	5:00-5:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	10:50-11:20 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Parent/Child 1: Water Acclimation	2-5 yrs	Tuesday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:45-5:25 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:00-9:40 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Parent/Child 2: Water Movement	3-5 yrs	Tuesday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:00-9:40 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Preschool 1: Water Acclimation	3-5 yrs	Tuesday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Tuesday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:45-5:25 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:00-9:40 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:50-10:30 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Preschool 2: Water Movement	3-5 yrs	Tuesday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Tuesday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:45-5:25 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:00-9:40 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	9:50-10:30 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Preschool 3: Water Stamina	3-5 yrs	Tuesday	5:50-6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	5:00-5:40 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Youth 1: Water Acclimation	6-12 yrs	Tuesday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:00-4:40 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	10:40-11:20 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Youth 2: Water Movement	6-12 yrs	Tuesday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:00-4:40 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	10:40-11:20 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
Swim Basics-Youth 3: Water Stamina	6-12 yrs	Tuesday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Wednesday	4:00-4:40 p.m.	CENTRAL	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Thursday	6:40-7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56
		Saturday	10:40-11:20 a.m.	DAVIS	\$28/\$56	\$28/\$56	\$28/\$56	\$28/\$56

SWIM LESSONS Chris Hughes 330-480-5655 chughes@youngstownymca.org

NAME OF CLASS	AGE	DAY	TIME	Location	WINTER 1	WINTER 2
					Members/Others	Members/Others
Swim Strokes–Youth 4: Stroke Introduction	6-12 yrs	Tuesday	5:50–6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56
		Thursday	5:50–6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56
		Saturday	9:50–10:30 a.m.	DAVIS	\$28/\$56	\$28/\$56
Swim Strokes–Youth 5: Stroke Development	6-12 yrs	Tuesday	6:40–7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56
Swim Strokes–Youth 6: Stroke Mechanics	6-12 yrs	Thursday	6:40–7:20 p.m.	DAVIS	\$28/\$56	\$28/\$56
Beyond Stage 6: Jr. Lifeguard	12-15 yrs	Saturday	9:00–9:40 a.m.	DAVIS	\$28/\$56	\$28/\$56
Swim Basics –Teen/Adult	13+ yrs	Thursday	5:50–6:30 p.m.	DAVIS	\$28/\$56	\$28/\$56
Swim Basics –Family Group (Up to 4 members) Children under 3 must have adult accompaniment in the water	All	Saturday	11:30 a.m.–12:00 p.m.	DAVIS	\$100/\$150	\$100/\$150
Swim Whisperers © – Adapted Swim Lessons for children with Special Needs	3-5	Saturday	12:15–12:45 p.m.	DAVIS	\$28/\$56	\$28/\$56
	6-8	Saturday	10:10–10:40 a.m.	DAVIS	\$28/\$56	\$28/\$56
	9-12	Saturday	9:30–10:00 a.m.	DAVIS	\$28/\$56	\$28/\$56

AQUATIC SPECIALTY PROGRAMS (Not on 6-week session schedule)

Chris Hughes 330-480-5655 chughes@youngstownymca.org

Ed Metzinger 330-480-5665 emetzing@youngstownymca.org

NAME OF CLASS	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
Homeschool Gym & Swim	Chris	6-18 yrs	CENTRAL	Wednesdays Jan 6–Mar 24	12:30–2:00 p.m.	\$50/\$75
Homeschool Gym & Swim	Ed	6-18 yrs	DAVIS	Tuesdays Jan 5–Mar 23	1:00–2:30 p.m. 1:45–3:15 p.m.	\$50/\$75
Lifeguard Training	Chris	16 +	BOTH	March 12-27	M/W/F 4:30–8:00 pm Sat 8:30 am–4:00 pm	\$200 (\$225 after Mar 2)
Private Swim Lessons	Ed	3 +	BOTH	Varies	Schedule with Instructor	1 Session \$15/\$25 Semi-Private (2 people) \$12/20 each

ARTS & HUMANITIES Suzanne Gray 330-480-5656 ext 247 sgray@youngstownymca.org

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	ROOM	WINTER 1 Members/Others	WINTER 2 Members/Others
Drawing (Adult)	Suzanne	16+	DAVIS	Friday	12:15–1:45 p.m.	Art Studio	\$45/\$85	\$45/\$85
Guitar (Beginner) *	Suzanne	12+	DAVIS	Monday	5:30–6:30 p.m.	Art Studio	\$19/\$38*	\$19/\$38*
Guitar (Intermediate) *	Suzanne	16+	DAVIS	Monday	6:45–7:45 p.m.	Art Studio	\$19/\$38*	\$19/\$38*
Painting – Adult	Suzanne	16+	DAVIS	Tuesday	1:30–3:00 p.m.	Art Studio	\$45/\$85	\$45/\$85
Painting – Adult	Suzanne	16+	DAVIS	Thursday	5:00–6:30 p.m.	Art Studio	\$45/\$85	\$45/\$85
Painting – Watercolor	Suzanne	16+	DAVIS	Friday	10:00 am–12:00 p.m.	Art Studio	\$50/\$100	\$50/\$100
Pottery – Adult	Suzanne	16+	DAVIS	Wednesday	12:30–3:00 p.m. 5:30–8:00 p.m.	Art Studio	\$80/\$160	\$80/\$160
Pottery – Youth	Suzanne	6-16 yrs	DAVIS	Wednesday	4:00–5:00 p.m.	Art Studio	\$60/\$120	\$60/\$120
Youth Art	Suzanne	5-8 yrs 9-14 yrs	DAVIS	Friday	5:00–5:45 p.m. 6:00–7:00 p.m.	Art Studio	\$22/\$44	\$22/\$44

*Pro-rated for 5 weeks

HEALTH & WELLNESS Larry Jensen 330-480-5659 ljensen@youngstownymca.org
 Meri Fetkovich 330-742-7488 mferkovich@youngstownymca.org

NAME OF CLASS	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
Athletic Jump Stretch	Meri	14+	CENTRAL	Mon or Wed Tue or Thu	4:00 p.m. 5:15 p.m.	\$5 per day /\$27.50 per month Lower Gym/HPS2
Blood Pressure Self Monitoring Program	Meri	18+	CENTRAL	4 Month Program Virtual Call to register	TBA	\$10/\$25 Monthly mfetkovich@youngstownymca.org 330-742-7488
Delay the Disease	Larry	18+	DAVIS	Wednesday	11:00 a.m.-12:00 p.m.	Free/\$50 12 Week Sessions khevener@youngstownymca.org
Diabetes Prevention Program	Meri	18+	Virtual	On Going	On Going	mfetkovich@youngstownymca.org 330-742-7488
Movin' On Up Training	Larry	13 yrs	DAVIS	Participant's Choice	Schedule with Trainer	\$10/Members Only-Register at Desk
Personal Training (1 Person) or (2 People)	Larry (D) Meri (C)	14 +	BOTH	Participant's Choice	Schedule with Trainer	1 Person 1 Session \$35/\$55 4 Sessions \$133/\$209 8 Sessions \$252/\$396 12 Sessions \$357/\$561 2 People 1 Session \$30/\$50 each 4 Sessions \$114/\$190 each 8 Sessions \$216/\$360 each 12 Sessions \$306/\$510 each
Pilates Reformer Personal Training	Larry	14 +	DAVIS	Participant's Choice	Schedule with Trainer	1 Person 1 Session \$45/\$55 each 10 Sessions \$400/\$500 each 2 people 1 Session \$30/\$35 each 10 Sessions \$250/\$300 each
Tanita Body Composition Analysis	Larry	14 +	DAVIS	Participant's Choice	Schedule with Trainer	\$10/\$35 Register at desk

GROUP FITNESS Melissa Klim 330-480-5656 ext 271 mklim@youngstownymca.org

NAME OF CLASS	STAFF	AGE	LOCATION	DAY	TIME	ROOM	WINTER 1 Members/Others	WINTER 2 Members/Others
Bodhi Suspension Training	Melissa	14+	DAVIS	Saturday	11:00 a.m.-12:00 p.m.	Spinning Room	\$33/\$45	\$33/\$45
Pilates Exo Sculpt Training	Melissa	14 +	DAVIS	Friday	9:00-10:00 a.m.	Group Fit Studio 1	\$33/\$45	\$33/\$45
Pilates Reformer 1 Training	Melissa	14 +	DAVIS	Monday	9:30-10:30 a.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 1 Training	Melissa	14 +	DAVIS	Monday	5:30-6:30 p.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 1 Training	Melissa	14 +	DAVIS	Wednesday	10:30-11:30 a.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 1 Training	Melissa	14 +	DAVIS	Saturday	7:15-8:15 a.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 2 Training	Melissa	14 +	DAVIS	Tuesday	9:30-10:30 a.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 2 Training	Melissa	14 +	DAVIS	Thursday	9:30-10:30 a.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Pilates Reformer 2 Training	Melissa	14 +	DAVIS	Thursday	5:30-6:30 p.m.	Group Fit Studio 1	\$66/\$90	\$66/\$90
Tabletop/Tower Pilates	Melissa	14 +	DAVIS	Wednesday	9:00-10:00 a.m.	Group Fit Studio 1	\$33/\$45	\$33/\$45

DAVIS PRESCHOOL PROGRAM Adele Taylor 330-480-5657 ataylor@youngstownymca.org

NAME	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
Preschool 3 year old class	Adele	3 yrs	DAVIS	Tue/Thu	9:00 a.m.-12:00 p.m. 9:30 a.m.-12:30 p.m.	\$95 Registration Fee
Preschool 4 year old class	Adele	4 yrs	DAVIS	Mon/Wed/Fri	9:00 a.m.-12:00 p.m. 9:30 a.m.-12:30 p.m.	\$95 Registration Fee
Preschool 5 year old class	Adele	5 yrs	DAVIS	Mon-Fri	9:00 a.m.-1:00 p.m.	\$95 Registration Fee

FAMILY PROGRAMS Adele Taylor 330-480-5657 ataylor@youngstownymca.org

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
Birthday Party	Adele	All	DAVIS	Saturdays	2:30-5:00 p.m.	\$250 10 children 1 parent per child 30 people max Subject to existing COVID mandates
Date Night	Adele	3-5 yrs 6-10 yrs	DAVIS	Third Friday Each Month Jan 15, Feb 19, Mar 19	5:00-8:00 p.m.	1st Child \$20/\$27 Additional child \$15/\$18 Please register by noon on the day prior. 9 children per age group
First Friday Movie Night	Nikki	Children with parents	DAVIS	Feb 7, Mar 6	6:00-8:00 p.m.	Free for Members/Members Only 10 Families Max
Respite Recreational Program	Adele	4-6 yrs 7-12 yrs	DAVIS	Saturday	10:00 a.m.-12:00 p.m. 11:00 a.m.-1:00 p.m. Youth Learning Center	Applications available online and at the service desk. ymcayo.org/respite-recreational-program

SCHOLASTIC SUPPORT PROGRAM Nikki Murray 330-480-5658 nmurray@youngstownymca.org Olivia Murphy 330-744-8411 ext 153 omurphy@youngstownymca.org

PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	MEMBER/NONMEMBER
Registration Fee	Olivia (C) Nikki (D)	Grades K-8	BOTH	One time only fee. Must turn in registration packet with payment.		\$30
Full Week Fee	Olivia (C) Nikki (D)	Grades K-8	BOTH	Mon-Fri	7:30 a.m.-3:30 p.m.	\$140/\$165 Weekly
Daily Fee	Olivia (C) Nikki (D)	Grades K-8	BOTH	Mon-Fri	7:30 a.m.-3:30 p.m.	\$30/\$35
Late Fee	Olivia (C) Nikki (D)	Grades K-8	BOTH	Sat-Sun		\$15 per child

Financial Assistance and ODJFS is available. Max capacity for Central 36 students and Davis 27 students.

AFTER SCHOOL PROGRAM Nikki Murray 330-480-5658 nmurray@youngstownymca.org Olivia Murphy 330-744-8411 ext 153 omurphy@youngstownymca.org

NAME	STAFF	AGE	LOCATION	DAY	TIME	MEMBER/NONMEMBER
After School Program	Olivia	Grades K-8	Central	Mon-Fri	3:30 p.m.-6:00 p.m.	Registration Fee \$25 \$60/\$65 Weekly \$50/\$55 4-Days \$200/\$225 Monthly
After School Program	Nikki	Grades K-8	Davis	Mon-Fri	2:30 p.m.-6:00 p.m.	Registration Fee \$25 \$65/\$70 Weekly** \$55/\$60 4-Days** \$225/\$250 Monthly**

\$15 Late Fee** Additional child discount \$10 Weekly \$15 Monthly. Financial Assistance and ODJFS is available.

YOUTH-SPECIAL PROGRAMS Nikki Murray 330-480-5658 nmurray@youngstownymca.org

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
Leaders Club Max of 9 Students	Nikki	12-18 yrs	DAVIS	Tuesday	5:30-7:30 p.m.	\$35/\$45 Annual Virtual
Off School Camp	Nikki	6-13 yrs	DAVIS	Dec 23, & 28-30 Jan 18 Feb 12 & 15 Mar 5, 26, 29-31 Apr 1	9:00-4:00 p.m. 7-9 am / 4-6 p.m. (Extended Hours)	\$35/\$40 \$5 Extended Hours
Youth and Government Max of 9 Students	Nikki	High School	DAVIS	2nd & 4th Mondays Starts January 12th	5:30-7:30 p.m.	\$50/\$75 Virtual Assembly

YOUTH SPORTS & MORE Olivia Murphy 330-744-8411 ext 153 omurphy@youngstownymca.org
 Meri Fetkovich 330-742-7488 mfetkovich@youngstownymca.org
 Nikki Murray 330-480-5658 nmurray@youngstownymca.org

NAME OF CLASS	STAFF	AGE	LOCATION	DAY	TIME	WINTER 1 Members/Others	WINTER 2 Members/Others
Basketball League	Olivia	4-5 yrs 6-8 yrs 9-11 yrs 12-15 yrs	CENTRAL	Wednesdays Saturdays Jan 27-Mar 27	Times Vary	\$50/\$60	\$50/\$60
Jr. Referee Program	Olivia	13-15 yrs	CENTRAL	Saturdays	Times Vary	Free/\$25	Free/\$25
Little Warrior Workout	Meri	7-13 yrs	CENTRAL	Saturdays	11:30 a.m.-12:15 p.m.	Free/Members Only	Free/Members Only
Soccer Training	Olivia	3 yrs 4-5 yrs 6-8 yrs	CENTRAL	Tuesdays Thursdays Jan 5-Feb 11	5:30-6:00 p.m. 6:15-6:45 p.m. 5:30-6:15 p.m.	\$25/\$50	\$25/\$50
Youth & Teen Hatha Yoga	Nikki	8-12 yrs 13-18 yrs	DAVIS	Saturdays	10:00-10:40 a.m. 10:55-11:45 a.m.	\$25/\$35	\$25/\$35
Youth Volleyball	Nikki	9-14 yrs	DAVIS	Thursdays	6:00-6:50 p.m. 7:00-7:50 p.m.	\$25/\$35	
Youngtown Phantoms Floor Hockey	Nikki	5-8 yrs 9-12 yrs	DAVIS	Tuesday	6:00-6:45 p.m. 7:00-7:45 p.m.	\$25/\$35	\$25/\$35

SPECIAL EVENTS- Meri Fetkovich 330-742-7488 mfetkovich@youngstownymca.org
 Nikki Murray 330-480-5658 nmurray@youngstownymca.org

NAME OF PROGRAM	STAFF	AGE	LOCATION	DAY	TIME	REGISTRATION FEE Member/Others
1000/500 Club	Meri	All	CENTRAL	March 19-20	TBA	Free/\$25 Bench, Squat, Deadlift
Lent Spin	Meri	All	CENTRAL	Wednesday, February 17	5:00-6:00 p.m.	Free/Members Only
Under Water Egg Hunt	Nikki	6 mo- 10 yrs	DAVIS	Saturday, April 3	12:00-2:00 p.m.	\$5

ONLINE REGISTRATION

Visit YMCAyo.org and click "Register". Click the login tab, then select "click here to get a password". Enter your email address. A link will be emailed to create a password for your account. If your email address has changed contact the Y and ask for your record to be updated. Financial Assistance is available for those who qualify. Check out YMCAyo.org or download the mobile app, YMCA of Youngstown, for a list of all fitness classes included with your membership—no registration required.

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Visit YMCAyo.org for more details and Online Registration